

NEW HORIZONS

January to May 2018

New Horizons is a group for zoomers, boomers and seniors. Get informed, be inspired, socialize and have fun! Topics are informative and intended to enhance our quality of life. This is our ninth year. Our group is growing! Enjoy coffee or tea and a delicious snack.

Admission - \$2.00 per person

Meetings are the second Thursday of each month from September to May, 10 a.m. to 11:30 a.m.

Meetings are held at Maryhill Community Centre, 58 St. Charles Street East, Maryhill

- Jan.11 - Scott McNair, Project Manager, Region of Waterloo
Topic: ***All Aboard the LRT (Light Rail Transit)***
- Feb. 8 - Lynn Weimer, Topic: ***Advanced Care Planning - a Conversation Worth Having***
- Mar. 8 - Larry Wainwright, Lions Club Member, and his 4-legged companion, Ottis. Topic: ***Seeing Life Through Blindness***
- Apr. 12 - The New Horizon Band Topic: ***Swing into Spring***
(Music by the New Horizon Band)
- May 10 - Noah Irvine, Youth Advocate for Mental Health
Topic: ***Resilience in the Wake of Mental Health***

For additional information contact Joan Haid at 519-648-2742, or by email at jehaid@netflash.net